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# WAY2ZEN

*Uche Dibiamaka 26 May 2021*

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## BE THE OCEAN



## LOCKED INTO YOUR PURPOSE

WAY2ZEN describes a state in which an individual is too calm, too focused, too self-driven to let the distractions and adversities of life deter one from pursuing their ultimate goal.

Being WAY2ZEN means you are so locked into your purpose that no amount of doubt, negativity or (dare I say it) anxiety, could knock you off your path to success. You are a high-speed railway train that doesn't stop for bad habits or undisciplined acts like partying. The train only stops to pick up knowledge, wisdom and positive energy to fuel its engines until it reaches its final destination.

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OPTIMISM IS A FAITH THAT  
LEADS TO SUCCESS

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<https://t.co/xuJ8Dm7OGg>

# IN THE EYE OF THE STORM AT COMPLETE UTTER PEACE

Being WAY2ZEN means you are in the eye of the storm, at complete utter peace while the ferocity of life's drama infinitely rages around you, urging you to contribute to the futile shenanigans of this temperamental world. But your ambition, passion and persistence take precedence over such nonsense.

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"In the past year, everyone encountered varying degrees of adversity. In tough times, it is important to remain optimistic. As humans, we dread the feeling of hopelessness. Nonetheless, we must learn to control what we can control. The first thing we must master is our minds."

Being WAY2ZEN means you are water. When a seagull flies over the ocean making obnoxious noises, the ocean doesn't react; it doesn't change its course; the ocean doesn't give a damn because it is the ocean, too powerful and unrelenting to be distracted or amused by insignificant chatter.

There is no seagull, no earthquake, no volcano and certainly no man-made concoction that has the capability to knock the ocean off its course.

Don't just be water. Be the ocean.

Next time your friends ask you to participate in idle extracurricular activities, tell them, 'I'm WAY2ZEN for that' because they don't understand your relentless ambition.

Next time negative thoughts and emotions begin to plague your precious mind, tell yourself, 'I'm WAY2ZEN for that' because self-doubt is the devil's way of combatting the confidence God instils within us all.

Next time you have a thought to take a shortcut or a day off, tell yourself 'I'm WAY2ZEN for that' because laziness is the opposite of determination and will land you in the depths of mediocrity.

Disgusting.

Make the choice to be WAY2ZEN.



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While we have no control over the events that life throws at us, we are in total control of our mindset. We must choose positivity and make positivity not only a conscious thought, but a habit; a way of life.

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